



The **Boomer Esiason Foundation (BEF)** is a partnership of leaders in the medical and business communities joining with a committed core of volunteers to provide financial support to research aimed at finding a cure for cystic fibrosis. The Foundation works to heighten education and awareness of cystic fibrosis and to provide a better quality of life for those affected by cystic fibrosis.

Pledge Form



Cystic Fibrosis (CF) is a genetic, life-threatening lung disorder that affects **more than 30,000 people** in the U.S. alone. Each year, more than **2,500 cases** are diagnosed, and the median life expectancy is 36.8 years of age. Although there is **currently no cure** for CF, **cardiovascular exercise** helps **improve the quality and length of life** for individuals with CF.



What can you do? Join **Boomer Esiason Foundation's (BEF) Team Boomer - Fighting Cystic Fibrosis** (USA Track & Field Club #06-1114). BEF realizes the **importance of exercise** to improve quality of life whether you have cystic fibrosis or not. Each athlete will participate in a race, and the money they raise will go toward the **BEF Exercise for Life Scholarship Program**.



GOAL - to award **10 - 15 scholar-athlete scholarships** to individuals with CF based on athletic, financial, and academic success so that these individuals will be **"Living Breathing Proof"** that people with CF can have a full life. **Every dollar you donate** will provide scholarship money for individuals to **"Exercise for Life"** and have a better quality of life!

Join us in helping people with Cystic Fibrosis achieve their dreams.

PARTICIPANT NAME & PHONE NUMBER: _____

Sponsor Name	Address (city, state, zip & phone)	Credit Card Information	E-mail Address	Amount Pledged	Amount Collected



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TOTAL:

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