

TEAM BOOMER – FIGHTING CYSTIC FIBROSIS

USA Track & Field Club #06-1114

*Millions of people worldwide are marathon runners...
Millions of people worldwide jog, bike, swim, and exercise...
Some people jog to stay in shape...
People with cystic fibrosis jog to BREATHE!*

*Because I have cystic fibrosis I want to prove that I can breathe.
— Jerry Cahill*

Team Boomer – Fighting Cystic Fibrosis was developed by the **Boomer Esiason Foundation (BEF)** and is a USATF-registered competitive club. BEF is a leader in the area of academic scholarships and transplant grants and is now being proactive as the frontrunner in the area of exercise for individuals with cystic fibrosis (CF). Team Boomer is designed to promote exercise and help raise funds for the Exercise for Life scholarship program for people with CF, which helps them pursue their academic dreams.

As an athlete, Boomer Esiason knows how important exercise is for improving health, especially for those with cystic fibrosis. Participating in sports and physical activity helps increase the quality of life and health, and teaches discipline. Like athletes' dedication and daily regiments on the playing field, CF patients must be compliant to daily therapy and medication routines. Your lungs are muscles and need to be worked to keep them clear and strong – exercise should be part of EVERYONE'S daily routine. Team Boomer's goal is to improve the quality of life and increase the lifespan of individuals with CF through the power of daily physical exercise.

By sponsoring an athlete, you are helping the Boomer Esiason Foundation and Team Boomer raise money for the Exercise for Life Scholarship.

*Impossible is nothing
— Adidas*

www.esiason.org